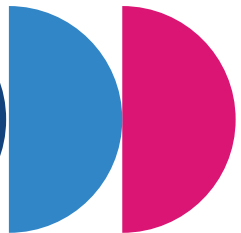




Quilling

a complete guide



Quilling

Introduction:

Quilling is a fabulous paper craft suitable for children and adults alike. This booklet explains the basic principles to get you started and demonstrates some more advanced techniques to help you master the art.

All you need to start is some paper strips (usually either 3mm or 6mm in width), glue, and a plastic quilling tool!

Quilling is an incredibly easy way to create unique cards, gifts and jewellery, the only limit is your imagination

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You will need:

- 1 Quilling paper
- 2 Quilling tools
- 3 Card mounts
- 4 PVA glue
- 5 Plain greetings cards (optional)
- 6 Jewellery cords (optional)

Starter packs also available containing everything you need to get started.



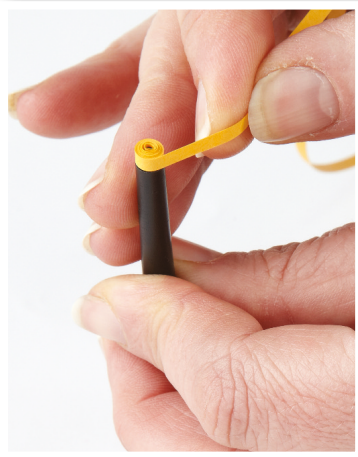
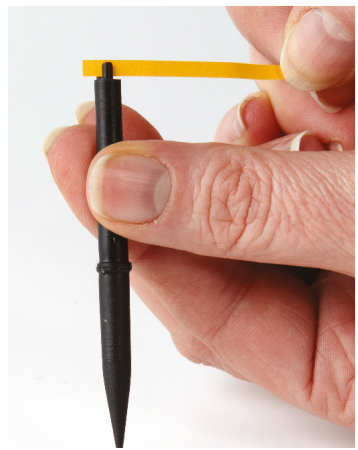
Examples

One of the great things about quilling is it is such an inexpensive craft which can create such beautiful and varied results, all you need are some strips of quilling paper and a quilling tool! You could buy a polystyrene tile and some all purpose pins, greetings card blanks, card mounts, or jewellery findings as you get to grips with the methods in this booklet and wish to experiment with new techniques.

Different quilling techniques can be used to create a range of artistic pieces, which can be used in a multitude of decorative projects.



The basics



Traditional quilling is the art of creating pictures or patterns using strips of paper, shaped by coiling around a quill. The coiling process is at the heart of the technique and there is a skill to creating even, tight coils.

To start, slot the quilling paper into the groove end of a quilling tool a few millimetres away from the end of the paper strip. Press one finger on to the paper strip where it passes through the grooved slot, and rotate the quilling tool a few times to start the coil. Your finger will stop the coil from unravelling and will keep the coil tight.

Once the coil has started to form, hold the coil between the thumb and forefinger of one hand as you rotate the tool with the other. Continue rotating the tool until you reach the end of the paper strip.



Open coils

Once you have finished making a coil using the quilling tool, you can choose to either glue it, or release it. If you release the coil from between your thumb and forefinger, the paper will begin to unwind and create a loose, spiral shaped 'open coil'. These open coils can be pinched, folded and manipulated to create different designs.

Try making some of the shapes detailed on the next page. When you have some shapes you like, dab a few dots of glue on to one flat edge and place the glued edge onto a sheet of card, or your chosen mounting surface. Use tweezers to help you to position the coil if necessary, then hold in place for a few seconds whilst the glue dries. Repeat this method to build up beautiful filigree patterns.



Open coils - common shapes



Antennae:

Fold the strip in the centre, then roll each end outwards.



Heart:

Fold the strip in the centre, then roll each end inwards.



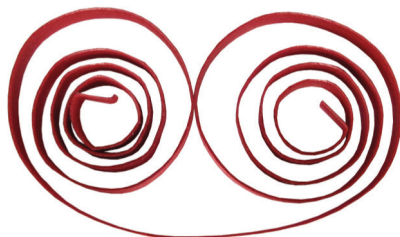
Cherries:

Fold the strip in the centre, then roll one end inwards, and one end outwards.



'S' shape:

Roll the two ends in opposite directions until they meet in the middle.



Scroll:

Roll the two ends in towards each other until they meet in the middle.

Closed coils

To make a closed coil, glue the end of the coil to fix it in place. If you glue the end whilst the coil is still tightly wrapped, you will create a 'solid coil' – these are useful for 3D quilling.

If you allow the coil to unwind some way before gluing, you will create a 'loose closed coil'. Loose closed coils can be manipulated to create different shapes by squeezing the coil together to form a point, or by pressing against the coil with a fingernail. Practise pinching more or fewer layers of the coil to see how the shape is affected, and experiment until you can reliably make a variety of shapes.

Make a solid coil



Make a loose closed coil



Closed coils - common shapes



Teardrop:

Pinch one point.



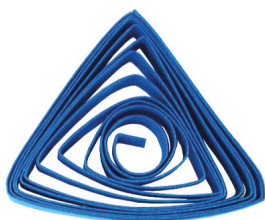
Eye:

Pinch both sides at opposite points.



Leaf:

Create an eye shape, then hold the two pinched points and move one end higher than the other.



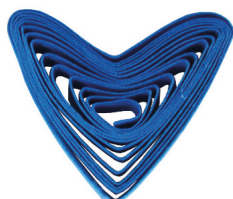
Triangle:

Pinch at 3, equally spaced points.



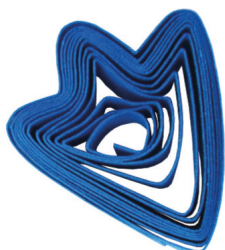
Square:

Pinch at 4, equally spaced points.



Dart:

Create a triangle then use a fingernail to indent one side.



Bird foot:

Create a triangle then use your fingernails to create two indents in the same side.



Greetings cards

Greetings cards are often the first step for those starting out with quilling, as once you have mastered the basics, it is easy to use these skills to create fabulous cards and images.

Plan your design using the basic shapes you have practised, and start making your coils. Once the shapes are formed, position them on your card and glue into place. Flowers are a popular subject matter, comprising simple shapes and using bright, cheerful colours.

Greetings cards can be an art form in their own right, with quilling making a great 3D, textural accent. Try combining quilling with other papercraft techniques such as decoupage and collage to build up unique designs and create beautiful pictures, keepsakes and mementos.

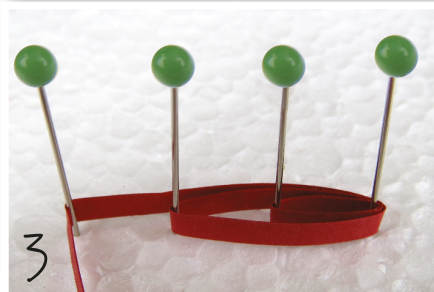
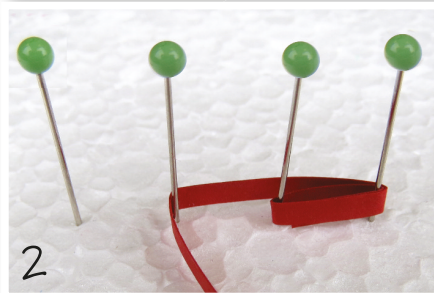
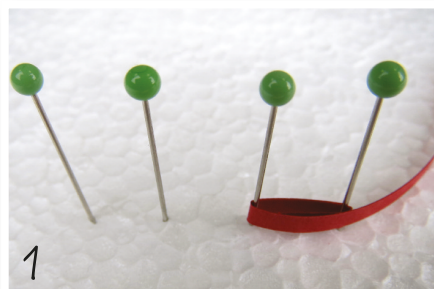




Husking

Husking is the process of using strips of quilling paper to make shapes by wrapping them around pins rather than into a coil.

1. Place a sheet of squared paper onto a polystyrene tile, and use the grid markings to evenly position your pins. For a freehand design, position the pins directly onto the tile.
2. Carefully manipulate your paper strip around the pins, using small dabs of glue to hold overlapping sections together if required, taking care not to glue your quilling paper to the squared paper or polystyrene tile.



3. Continue working with your paper until you have completed the shape you require.

4. Glue the end of the paper strip into place and wait until the glue has dried before removing the pins, and releasing your husked shape to be positioned on your quilling piece.

The husking technique can be used to create complex and beautiful freeform designs. Try laying a sheet of card on top of a polystyrene sheet and use pins to position paper strips, gluing the edge of the strips to the card as you work.

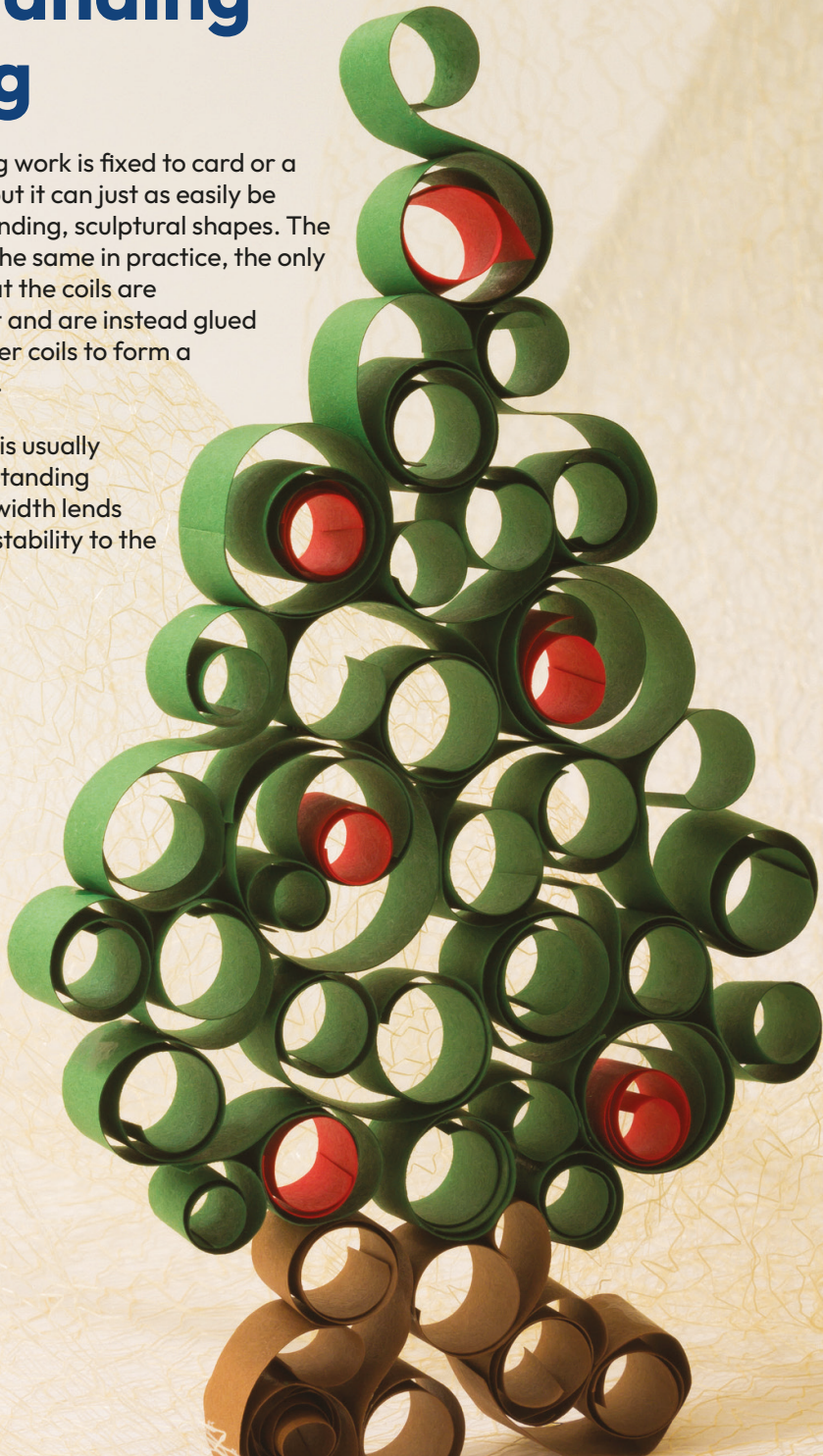
Once the glue has dried and pins are removed, the small holes will be nearly invisible, leaving your amazing paper design fixed in place.



Freestanding quilling

Traditionally, quilling work is fixed to card or a mounting surface, but it can just as easily be formed into freestanding, sculptural shapes. The techniques remain the same in practice, the only difference being that the coils are not fixed to a mount and are instead glued side to side with other coils to form a freestanding shape.

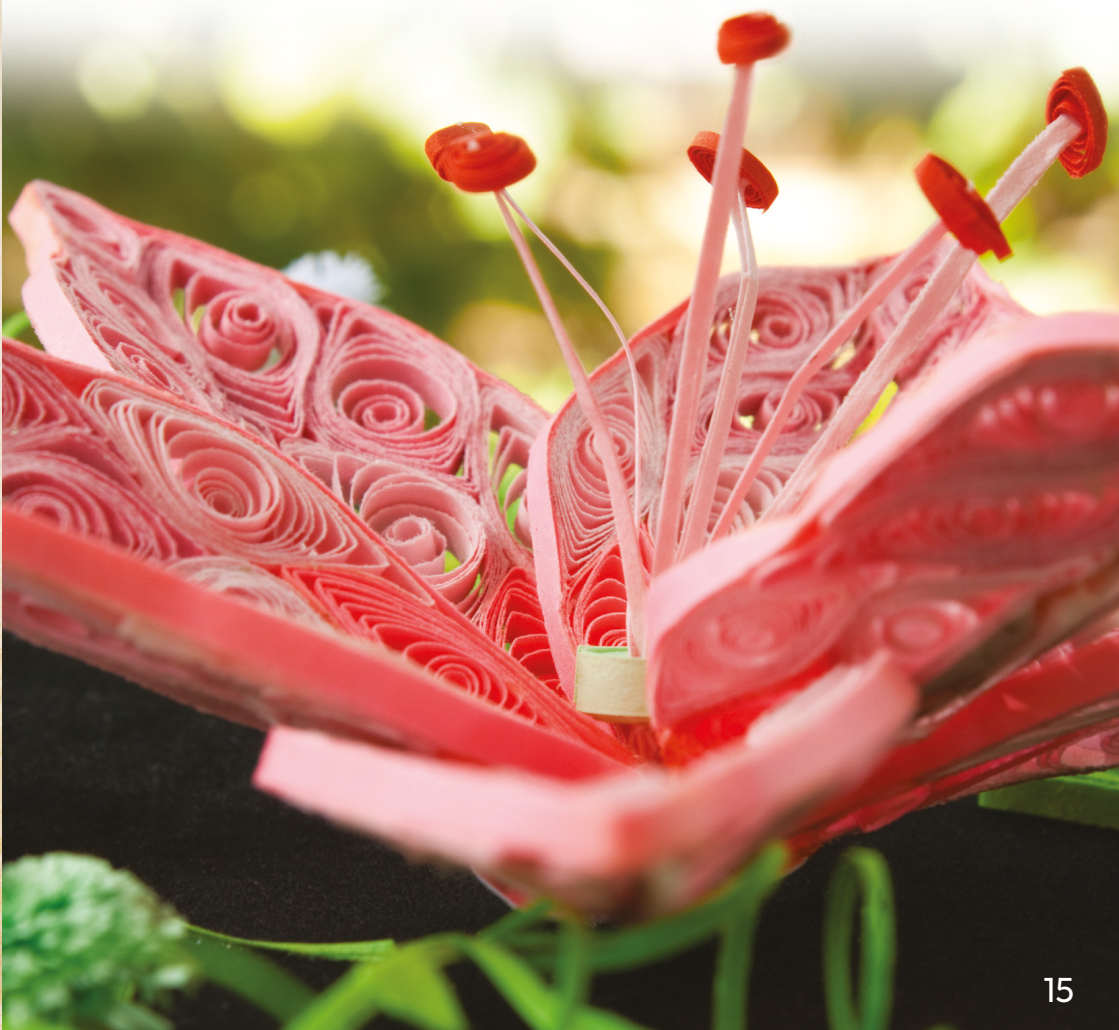
6mm quilling paper is usually used to create freestanding pieces as the extra width lends more strength and stability to the structure



Try creating a flat design on a sheet of plastic, gluing the coils to each other as you work. Once the shape is complete, lift it from the plastic sheet and stand on one edge. You can support your structure by adding extra coils either side of the base to create a wider footing.

Glue a single strip of quilling paper around the outside edge of your shape to give the piece additional support and definition.

Try combining multiple flat shapes to form beautiful and complex designs, and glaze your finished piece with P.V.A. glue for extra strength and protection and to give a beautiful glossy finish.



Jewellery

Quilling lends itself to jewellery design with a vast range of available paper colours and the ability to create fine, detailed designs.

Try shaping some loose coils as though creating a freestanding piece, or layer different colours in tight coils for a range of effects. Create as many coils as you wish and glue them side by side to build up beautiful pendants, earrings and key rings. Glaze the finished pieces with varnish to make your jewellery weatherproof.



Ring coils

Create Ring Coils by starting your coil around a larger shape - a pencil or a bottle top are ideal places to start experimenting. Complete the first loop around your object and join the end of the paper with a dab of glue as you work round.

Work carefully to build up multiple strips of paper, keeping the paper tightly wrapped and dabbing on glue as you go. Once you have built up a thick, sturdy ring, glue the end of the paper strip in place and slide the ring off the template shape. Join rings together, adding a loop at one end to allow you to attach a key chain or necklace cord. Varnish the finished pieces for added protection.



3D quilling

3D quilling is usually formed using tight coils. The coil is created, often using a number of strips joined together. Once the coil has been formed, pressure is applied to the centre of the coil from one side, to slide the strips of paper over one another and begin to create a domed shape.

6mm quilling paper is usually used for this kind of quilling as the additional paper width allows a 3D shape to be created.

Try using a pencil or your fingers to apply pressure to the side of the coil in order to create different shapes.

Make two bowl shapes then glue the flat edges together to make an oval. Be careful not to push your quilled shape out too far or your coil may unravel!

All kinds of adorable creations can be created using the 3D quilling method, and can be combined with more traditional quilling and freestanding quilling to build up just about anything your imagination can conceive!



Quilling supplies

Quilling Paper: Available in various colour packs, each strip is approximately 480mm long x 3mm wide

Quilling Paper Assortments: A bright assortment of colours, available in 3mm and 6mm widths

3mm Quilling Paper Set: 1000 assorted quilling strips, 480mm long x 3mm wide, plus 10 quilling tools

Quilling Tools: In a pack of 10

Greetings Cards Bumper Pack: In a pack of 100

Leather jewellery cord: Available in a range of colours, 1mm diameter. 20m reels

Craft Pins: In a pack of 144

School Glue: In a convenient dispenser bottle ideal for accurate gluing. 180ml bottle

PVA Glue: Available in 600ml and 5L bottles





For more information on our range of quilling resources including starter packs, paper assortments and tools, contact us via:

Call: **+44(0)116 269 7711**

Online: **www.dryadeducation.com**

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